

# VOICE

There is no better exercise for your heart, Than reaching down and helping to lift someone up. ~ Bernard Meltzer

An appropriate sentiment for this month! Let us all remember to exercise our heart. Helping each other and lifting up instead of stomping on and pushing down is an attitude this world could use more! ~ Kathy



## Medford Works! -Making a Difference in the Community

Join Medford Works!
at the
MEDFORD WORKS! ACTION SUMMIT
MONDAY, FEBRUARY 27, 2012
8:30 A.M. - 11:30 A.M.
CAMP OCKANICKON, MEDFORD

More than ever, communities need the support of all stakeholders to sustain and grow their success. In that spirit, we ask that you share your time and talent in a forum focused on identifying our community needs and how we may work together to meet those needs.

Hear Gary Rago, Director of the Small Business Development Center, Rutgers-Camden, discuss the viability and value of small business and the communities they serve

Participate in follow-up roundtable discussions on those topics vital to moving us forward in our efforts to support the full Medford community. Mayor Randy Pace and Township Manager Chris Schultz will join Medford Business Association, Historic Medford Village Association, Woman's Club of Medford, Medford Arts Center, Medford 4-H, local realtors, small business owners, and other Medford residents and property owners at the table. Together we will find new ways to continue our support of the Medford community.

Pre-registration is required Please let Janet (janetcarlsong2@gmail.com) know if you would like to register for this event!

www.medford-works.com

## Dates to Remember

February 9th - 7:30 pm General Meeting

February 12th - 12:30 pm Southern Regional Spelling Bee Haddon Fortnightly Haddonfield

February 14th - Valentine's Day

February 22nd - 6:30 pm Book Club

February 27th - 8:30 am Medford Works! Action Summit Camp Ockanickon

**February Program** 

We are happy to celebrate
Women's Heart Health Month
by welcoming Megan Locantora, RD.
from Zallie's Nurtition who will
be speaking about heart healthy
living!



# Home Life

### Queen of Hearts Bingo

NJQueen of Hearts Foundation is hosting another Coach Bingo on Friday, March 23, 2012 at 7pm at Kerri-Brooke Caterers. Doors open at 6pm.

Cost is \$35.00/person which includes one packet of 16 cards and a dauber. Additional packets of 16 cards are available for \$5.00. There will once again be a 50/50 Raffle and other exciting things!

Please let Vicki know if you are going to attend. Checks can be sent to her, made payable to NJQueen of Hearts. We hope to have even more fun than last time!! We are invited to bring our own snacks and they will have an open bar, however we can bring 'other refreshments' and be sure to bring water!

Vicki will need your committment and your checks by March 1.

The last Coach Bingo netted over \$20,000 for the foundation! Let's do our part and have some fun!!

#### Mothers Matter

Field trip to Mothers Matter for Wednesday, April 18, 2012.

## Education

#### Spelling Bee

We would like to congratulate our spelling bee winners:

1st Place - Trevor M. Cranberry Pines School

2nd Place - Daniel S. Chairville School

3rd Place - Caitlin D. St. Mary of the Lakes School

We wish them the best of luck at the Southern Regional Bee - Sunday February 12, 2012 at Haddon Fortnightly.

# **Public Issues**

Care Package for a Soldier

We will continue to collect items for our adopted soldier. I tems such as batteries, snack items, phone cards will be much appreciated.

# Conservation

The WCOM will be participating in an Earth Day project, on Sunday, April 22, 2012, in conjunction with the continuation of Medford Works! We have decided to join the Pennsylvania Horticultural Society's "Plant One Million".

## Arts

#### **Creative Writing**

# **International Outreach**

We will be creating a Team Heifer starting in the new year. "Heifer's mission is to work with communities to end hunger and poverty and care for the earth. By giving families a hand-up, not just a hand-out, we empower them to turn lives of hunger and poverty into self-reliance and hope." We need a team name and a fundraising goal before we can sign up as a team.

Fundraising will primarily be through donations at events such as Dickens Festival and/or at events we create ourselves!

BRING ON THE SUGGESTI ONS!!!!

## **Donation Central**

From Rita Manno's daughter. As you all know, Rita has been very generous with her publicity for Medford Works! and the club in general - please consider helping out her daughter:

As you all probably have seen, my Cecilia wears glasses (purple, in fact). What you probably haven't heard is the story of why: when Cici was 19 months old, she fell carrying a water glass which shattered into her eye -- while we were living overseas in Bogota Colombia. The damage to her right eye was severe. She spend 5+ hours in surgery that night under the care of a miraculous pediatric ophthalmologist in Bogota named Dr. Giovanni Castano. When we medivac-ed her to Johns Hopkins a week later, the doctors at Hopkins said "we don't know who your surgeon was in Bogota, but he did an amazing job putting Cecilia's eye back together."

And not only did "Dr. Gio" (as Cici came to call him) put her eye back together, but he became a tireless caregiver to Cecilia and incredible support to my husband Tom and me.

In addition to seeing patients in Bogota, Giovanni travels several times a year to some of the most remote and unstable regions of Colombia to provide free eye care and outpatient surgeries to the most vulnerable populations of the country. One of his most needed supplies: <a href="EYEGLASSES"><u>EYEGLASSES</u></a>. He never has enough eyeglasses of varying sizes, shapes, powers to care for the folks he sees.

We are going to be seeing Giovanni in two weeks -- and we plan to deliver to him several of Cici's old glasses. We'd love to be able to give him even more glasses to take to the needy in Colombia.

So ... if someone in your family -- child or adult-- or a friend's family wears glasses and has any old pairs lying around, please consider sending them into school for Cici to bring home. We'll make sure that they get to Giovanni and then the less fortunate in Colombia.

WE'LL NEED THEM BY FEBRUARY 10TH PLEASE.

As you all know, we helped out a family in need this holiday season. The appreciation from this family was overwhelming. In this same spirit, we would like to have donations made at our general meetings. If you could bring one can of food or one baby item (diapers, baby food etc) to each meeting, we will have the start of a well stocked food pantry by this time next year!

Thank you all for your continued generosity!